

## Case Scenario #1

Ben is a Seventh Grade student who tries hard to make friends at school, randomly walking up and talking to other kids he doesn't know. He also invites other kids to participate in chess club, but so far only one similarly unpopular peer has responded positively. Recently Ben became infatuated with Riley, a very popular girl in his class and he has tried unsuccessfully to engage her in conversation. Generally she is nice to Ben, but it is clear to everyone except Ben that Riley is not interested in a relationship. One day Ben decides to make his intentions clear, so he writes Riley a "love letter" and pushes it through the vent in her locker. When she discovers the letter, she is upset and confronts Ben in the hallway, angrily telling him never to bother her again. Humiliated, Ben follows Riley into their Language Arts class and loudly calls her a "bitch" in front of their peers and the teacher. Ben is sent to the office and receives several days of after-school detention for his behavior.

## Case Scenario #2

The school psychologist meets with a family about their son, Austin, who had recently stopped taking his stimulant medications for ADHD. Since the change, Austin's high school teachers have noted that his behavior has been increasingly problematic. For example, he rarely comes to class with the materials he needs, thereby causing disruptions when he asks to return to his locker shortly after class begins. Teachers try to give Austin the "benefit of the doubt," but after many disruptive scenes where he digs through his bookbag, complains about the "unfair" homework assignments, and then asks to return to his locker, most teachers are getting frustrated. Austin's grades have plummeted due to missing assignments, and although the teachers are careful not to blame the recent medication change, it is clearly on everyone's mind. Austin's father explains that even though the medication had been working to reduce such problems, it seemed to "change Austin's personality." Dad explains that, "Austin just wasn't himself anymore." He goes on to say that out of curiosity he took some of Austin's medication to see what it did and found that it made him "too serious." After some discussion, Austin's parents decided to discontinue the medication and to find a new pediatrician, rather than returning to the one who had prescribed the medication.



## WILBUR Problem Solving Steps

- What is my concern?
- How would I like this to end up?
- List all possible solutions.
- Pick the Best solution.
- Use the solution.
- Review how well the solution worked.

